Supplementary Table 1. Distribution of the sample by grade, school type, and region

Grade	Region										Total
	Bangkok		North		Central		North-East		South		
	Public	Private	Public	Private	Public	Private	Public	Private	Public	Private	
Grade 3	44	44	183	39	230	118	331	70	211	40	1,310
Grade 4	45	44	167	37	223	108	350	70	204	35	1,283
Grade 5	54	47	183	46	243	117	378	66	207	41	1,382
Grade 6	42	49	186	42	276	102	343	64	212	46	1,362
Grade 7	68	20	154	46	230	45	324	26	139	18	1,070
Grade 8	65	20	132	43	255	50	308	24	124	15	1,036
Grade 9	65	13	98	24	182	24	230	16	60	6	718
Total	383	237	1,103	277	1,639	564	2,264	336	1,157	201	8,161
Total	620		1,380		2,203		2,600		1,358		

Supplementary Table 2. Kaplan–Meier-estimated cumulative probability of menarche by age and geographic region (Fig. 1B)

	North	North-East	Central	South	Bangkok
Age (yr), median (IQR)	12.00 (11.21–12.63)	12.00 (11.08–12.71)	11.96 (11.00–12.46)	12.13 (11.29–12.92)	11.79 (11.00–12.33)
Cumulative probability of menarche by age (yr)					
7	0	0	0	0	0
8	0	0.0008	0	0.0006	0.0006
9	0.0074	0.0070	0.0065	0.0089	0.0049
10	0.0488	0.0578	0.0611	0.0441	0.0658
11	0.2010	0.2378	0.2602	0.1907	0.2760
12	0.5158	0.5578	0.6179	0.4564	0.6359
13	0.8592	0.8480	0.8776	0.7784	0.8937
14	0.9705	0.9584	0.9664	0.9214	0.9917
15	0.9945	0.9946	0.9925	0.9682	1.0000
16	0.9962	0.9962	0.9962	0.9848	1.0000
17	1.0000	1.0000	1.0000	1.0000	1.0000

IQR, interquartile range.
Log-rank test: overall $P<0.001$. *P*-value is from the overall log-rank test across regions.