

Supplementary Table 2. Assessment of risk of bias using Joanna Briggs Institute (JBI) Checklist

Author	JBI 1	JBI 2	JBI 3	JBI 4	JBI 5	JBI 6	JBI 7	JBI 8	JBI 9	Total JBI score	Overall risk of bias
Diana et al. (2019) ¹⁾	Y	Y	Y	U	N	Y	Y	Y	Y	2	Low
Juwita et al. (2021) ²⁾	Y	Y	U	N	Y	Y	Y	Y	U	3	Low
Khotimah and Rahayu (2020) ³⁾	Y	Y	Y	U	Y	U	U	N	N	5	Moderate
Oktaria et al. (2020) ⁴⁾	Y	Y	Y	N	Y	Y	Y	Y	N	2	Low
Pulungan et al. (2021) ⁵⁾	Y	Y	U	U	Y	Y	Y	Y	U	3	Low
Sandjaja et al. (2013) ⁶⁾	Y	Y	Y	U	Y	Y	Y	Y	Y	1	Low
Yani et al. (2017) ⁷⁾	Y	Y	U	Y	Y	Y	Y	Y	U	2	Low

Y, yes; U, unclear; N, no.

Supplementary Table References

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